

# **Positive People**® HR Management Consultants

### Emotional Culture Workshops



www.positivepeople.co.nz



## **Emotional Culture Workshops**

Every relationship and team has its own emotional culture, influencing how we interact and perform.

At work, emotional culture shapes satisfaction, performance, and even financial outcomes. It's the unspoken rules about which emotions are welcome, and the collective mood, that defines your team's environment.

#### Why does Emotional Culture matter?

The emotional culture of your team directly impacts it's success. By actively designing this culture, you can foster collaboration, improve decision-making, and boost overall performance.

#### Emotional Intelligence (E.Q.) - A Key to Success

In a world where automation and AI are increasing, emotional intelligence is more important than ever. It helps individuals understand, manage, and respond to emotions—building stronger relationships and a more positive workplace culture.

#### Our Workshop Offerings:

#### 1. Team Development & Cohesion

Help your team identify the emotions needed for success and define behaviours that support them. This workshop fosters collaboration and unity, offering a practical, actionable strategy for team success. *Investment: \$1995 + GST* 

#### 2. Leading Through Change

Equip your leaders with tools to support their teams through change by recognizing and managing emotional responses. This 1-hour workshop ensures your leaders guide their teams effectively. *Investment: \$599 + GST* 

#### 3. Design Your Emotional Culture

Using the Emotional Culture Deck, we help your team identify the emotions needed for success and define supportive behaviours. We also address managing difficult emotions constructively. This session is customized to your needs.

Investment: POA

#### 4. Build on Your Emotional Culture

Don't stop! Use your designed emotional culture for recruitment, change management, customer satisfaction, and more. We'll create tailored workshops for any area needing emotional intelligence. *Investment: POA* 

Start shaping the emotional culture of your team today to drive success tomorrow!



Contact us now on 09 445 1077 or info@positivepeople.co.nz or check out our website to find out more.